



**BACHELOR OF SCIENCE IN MIDWIFERY**  
 Based on CMO No. 03 s. 2023

First Year									
First Semester					Second Semester				
Course Code	Course Name	LEC	LAB/CP	TOTAL	Course Code	Course Name	LEC	LAB/CP	TOTAL
US	Understanding the Self/ Pagunawa sa Sarili	3		3	MMW	Mathematics in the Modern World/ Matematika sa Makabagong Daigdig	3		3
PC	Purposive Communication/ Malayuning Komunikasyon	3		3	P.E 2	PATHFit 2: Exercise-based Fitness Activities	2		2
CW	Contemporary World/ Ang Kasalukuyang Daigdig	3		3	Rizal	Rizal: Life, Works and Writings	3		3
STS	Science and Technology and Society/ Agham, Teknolohiya at Lipunan	3		3	NSTP 2	National Service Training Program 2	3		3
P.E 1	PATHFit 1: Movement Competency Training	2		2	Ana	Anatomy and Physiology	3	2	5
NSTP 1	National Service Training Program 1	3		3	M-100	Foundation of Midwifery Practice	3	4	7
IHC	Introduction to Health Care	2	1	3		<b>Total</b>			<b>23</b>
RPH	Readings in Phl. History/ Mga Babasahin Hingil sa Kasaysayan ng Pilipinas / Indigenous People	3		3					
	<b>Total</b>			<b>23</b>					

- Upon Completion of the above courses, the students will be eligible to exit as Assistant Midwife.

Second Year									
First Semester					Second Semester				
Course Code	Course Name	LEC	LAB/CP	TOTAL	Course Code	Course Name	LEC	LAB/CP	TOTAL
Elect. 1		3		3	Et	Ethics/ Etika	3		3
Micro	Microbiology and Parasitology	3	1	4	Elect. 2		3		3
PMSTH E	Principles, Methods and Strategies of Teaching Health Education	3		3	P.E. 4	PATHFit 4 Games, Sports, Outdoor Activities and Adventures	2		2
AA	Art Appreciation	3		3	DTH	Digital Technology in Health Care	2	1	3
PHC 1	Introduction to Community Health and Development/ Gender and Development	3	3	6	M-101	Obstetrics and Newborn Care	3	5	8
P.E. 3	PATHFit 3 Exercise Program and Dance	2		2	M-102	Care of Infants and Children	3	3	6
ND	Nutrition and Dietetics	3	1	4		<b>Total</b>			<b>25</b>
	<b>Total</b>			<b>23</b>					

- Upon Completion of the courses above, the student is eligible to exit as Associate Midwife/ Community Health Worker.

Third Year									
First Semester					Second Semester				
Course Code	Course Name	LEC	LAB/CP	TOTAL	Course Code	Course Name	LEC	LAB/CP	TOTAL
Pharma	Midwifery Pharmacology	3		3	M-104	Maternal High-Risk Care	4	6	10
PHC 2	Health Programs	4	4	8	M-105	Administration and Supervision	3	3	6
Elect. 3		3		3	PHC 3	Community Health Service Management	3	3	6
M-103	Comprehensive Family Planning	3	3	6	NSTP 2	National Service Training Program 2	3		3
	<b>Total</b>			<b>20</b>	MidRes 1	Midwifery Research 1	3		3
						<b>Total</b>			<b>25</b>

Fourth Year									
First Semester					Second Semester				
Course Code	Course Name	LEC	LAB/CP	TOTAL	Course Code	Course Name	LEC	LAB/CP	TOTAL
M-106	Professional Growth and Development	3	3	6	ISMU	Integrating Seminars and Midwifery Updates	2	1	3
M-107	Intensive Care Practicum		8	8	Mid Maj	Midwifery Major	3	8	11
Mid Entreo	Midwifery Entrepreneurship	3		3	CA2M	Competency Assessment 2	3		3
Mid Res. 2	Midwifery Research 2	3		3		<b>Total</b>			<b>17</b>
CA1M	Competency Assessment 1	3		3					
	<b>Total</b>			<b>23</b>					